

## OVERVIEW:

- \* weight plates 60 kg
- \* A range of 150 exercises
- \* Easy and intuitive use
- \* Body part involved: torso and thighs

## TECHNOGYM TRAINING :

Plurima is the perfect gym station for a complete training, easy to use, with a smart and compact design.

- \* Improvement of muscle tone and physical strength
- \* Designed to train specific body areas, such as upper body muscles, torso and thighs



# PLURIMA MULTISTATION