

Download 'Ru de la Plaine' app to find all the information about the itinerary!



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OVIERVIEW:

- * Itinerary: from Saint-Vincent to Chatillon
- * Slope: 40m
- * Lenght: 4,6 km a/r
- * Duration: 1h20'
- * Recommended period: all year round
- * Sun exposure: South

Pleasant walk along Ru de la Plaine river, the ancient canal that from 1325 has been used for pasture and field irrigation. The itinerary will walk you through nature, vegetable gardens and vineyards and lead you straight to the heart of the local history and culture. The itinerary is part of the Via Francigena, the ancient walk that from Canterbury lead you to Rome. The itinerary suits best for families or people who want to take a healthy stroll, or enjoy Nordic walking or mountain bike. Often you can find people riding horses.

Along the walk, specific sport equipment allows you a full body work-out, while with the app you can monitor the distance walked, calories burnt and energy used.



RU DE LA PLAINE

